



DIRECTIONS

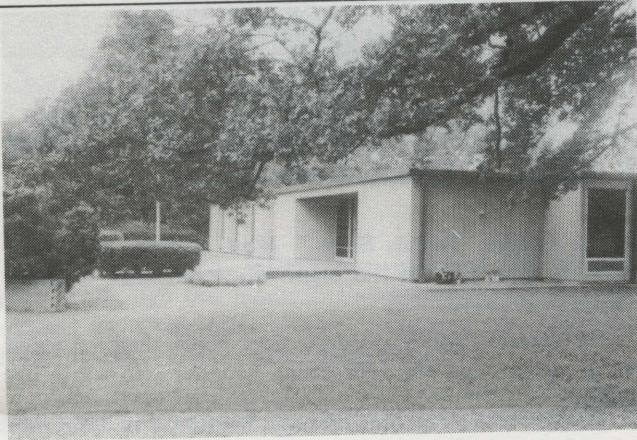
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DEEP EAST
TEXAS REGIONAL
MHMR SERVICES

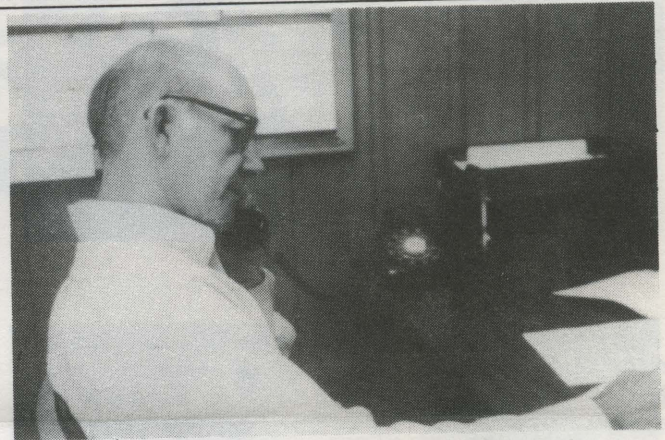
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Accredited by the Joint Commission on the Accreditation of Hospitals

Summer 1982



The Angelina County Halfway House



Bob Gray, Halfway House Director

A New Facility For Recovering Alcoholics

Angelina County Halfway House opened its doors on May 1, 1982. The program is designed to serve recovering alcoholics throughout the 13-county MHMR service area. Centrally located in Lufkin, the Halfway House is now the second facility operated by MHMR which provides residential treatment for recovering alcoholics.

Bob Gray, Director of the Angelina County Halfway House, has already developed an abundance of community support for the program.

"We work closely with several A.A. groups as well as the Deep East Texas Council on Alcohol and Drug Abuse." Mr. Gray says. "In addition," he comments "The Angelina County Adult Education Program conducts classes for the residents."

The Angelina County Halfway House meets a genuine need in the community. The halfway house was actually operating at capacity (13 residents) within three days of opening. Bob Gray reports that, since opening, the house has operated at a occupancy rate exceeding 90%.

The Angelina County Halfway House offers a 90-day residential treatment program for recovering alcoholics. Referrals are accepted from the community and from the Alcoholism Treatment Unit at Rusk State Hospital.

"The only requirements for entry into the program," Bob Gray comments, "are that the individual be sober and have an earnest desire to stop drinking."

"We try to teach a person to live and work without alcohol - which is much more difficult than it sounds" Mr. Gray says. "Alcohol has been an important factor in many of their lives for several years and" Mr. Gray adds, it's not very easy to give it up."

Designed to ease the transition from an alcoholic life to a sober one, the halfway house concept provides the alcoholic with an ideal opportunity to change. In many cases, the halfway house can provide the treatment necessary to keep a person from having to go to the State Hospital. In fact, the program is partially funded by Rusk State Hospital to do just that.

Dave Davis, Director of Residential Programs, says "Bob and his staff have done a fine in job in getting this program off the ground. They have developed a surprising amount of local support in a relatively short period of time, which is essential when providing services on the community level."

The Angelina County Halfway House is off to a fine start. This new facility will provide help and hope to many residents of the Deep East Texas region.

CAMP LEANDER A BIG SUCCESS



Hayride at Camp Leander

The second week in June was Camp Leander Week for many of the Center's clients and staff. Again this year, MHMR staff accompanied clients for 5 days and 4 nights at camp.

Forty-six clients and 15 staff members gathered at the Angelina County Halfway House on Monday morning, June 7, and left on the long bus ride to Camp Leander, just outside Austin, Texas. Each camper was responsible for his or her own gear throughout the trip. All meals were prepared and served by MHMR staff members. The kitchen crew, headed by Eileen Mason, Trainer at the Tyler County Sheltered Workshop, provided delicious and well balanced meals throughout the trip.

Larry Heaton, Director of Mental Retardation Programs, said "Camp is really a lot of hard work but the enjoyment that the kids get from this trip makes it all worthwhile."

Many campers were able to make the trip this year because of the generous donations made by many individuals. The use of the bus which took the campers was donated by the Lufkin State School.

Activities provided for the campers included; swimming, horseback riding, paddleboating, fishing, softball, and arts and crafts. In addition, each morning the campers had the choice of attending either a magic show or a puppet show. The highlight of this year's camp was Thursday nights



Clients & staff enjoyed paddleboating at Camp.

"Camp Leader Talent Show." Most clients and staff members took part in the show which included singing, dancing, and pantomime.

The campers and staff were tired when they returned but all agreed that the 1982 Camp Leander trip was a big success.



Arts & Crafts are part of the daily activities.

TOLL FREE CRISIS LINE

1-800-392-8343

CLIENTS RIGHTS

Any client or representative of a client is invited to submit questions or complaints regarding services to the Public Responsibility Committee, P.O. Box 935 Lufkin, TX. 75901. This committee is independent and impartial. No members are employees of this center.



Dena Rembert and daughter, Alysia take time out to enjoy the rocking horse.



Shirley Stubblefield, Director of Angelina County Infant Training Program, works with Alysia on a peg board task.

INFANT TRAINING PROGRAM EXPANDED

Deep East Texas MHMR has expanded the services offered through the Infant Training Program. Now with offices in 8 counties, Infant Training is providing home-based services to many more families.

Infant Training is designed to meet the needs of children from birth to 3 years of age who may not be developing at the usual rate in one or more skill areas. To be eligible for the program an infant must have a significant developmental delay. This is determined by administering the DENVER DEVELOPMENTAL SCREENING TEST, an instrument designed to identify areas of delay in infants.

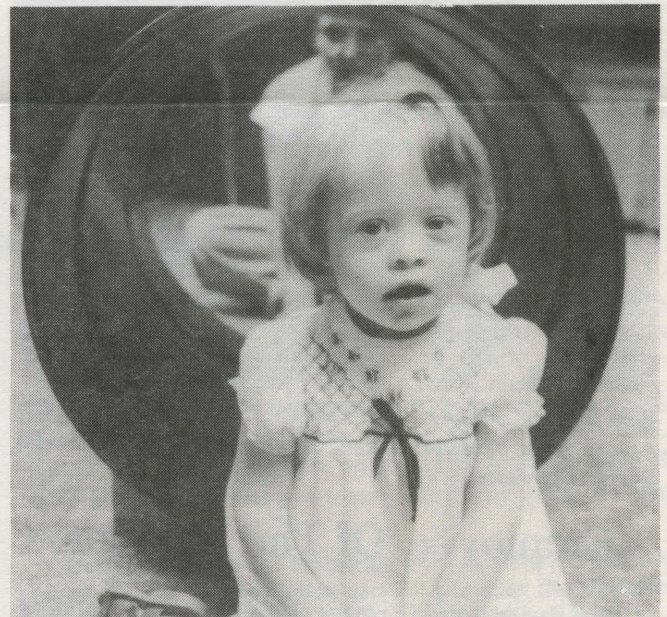
Once a delay is identified, the BRIGANCE INVENTORY OF EARLY DEVELOPMENT is employed to formulate a plan of service which includes both short term and long term treatment goals.

A typical plan of service includes both home visits by the Infant Training staff to work directly with the infant and training sessions for the child's parents to teach them the techniques they need to know to help their child. Since the program's expansion in March of this year, 125 infants have been enrolled. Infant Training staff anticipate enrolling a total of 200 infants by August of 1982.

The expansion of the Infant Training Program was made possible in part by funds made available through the enactment of Senate Bill 630. These funds are administered by the Early Childhood Intervention Council, a group made up of representatives from TDMHMR, the Department of Health, and the Texas Education Agency.

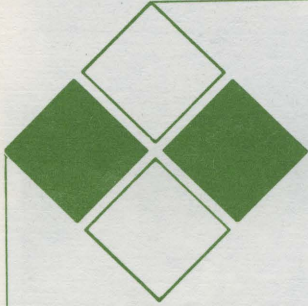
The staff of the Infant Training Program are working closely with the Region VII Educational Service Center, the State Department of Human Resources, and local physicians to identify infants from the service area who could benefit from the program.

Infant Training can provide children with the skills they will need to grow and develop to their fullest potential.



A simple standard of judgement that can be applied spontaneously to every contingency as it arises is Rotary International's FOUR WAY TEST of the things we think, say, or do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



DIRECTIONS

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Newsletter of Deep East Texas Regional Mental Health Mental Retardation Services, 4101 S. Medford Drive, Lufkin, Texas 75901 (713) 639-1141
An Equal Opportunity/Affirmative Action Employer and Care Provider in compliance with Civil Rights Act of 1964, as amended, and Executive Order 11246, as amended.

Wayne Lawrence, PH.D., Executive Director
Mark Severns, Editor

A product of the Consultation and Education Services Program.



Rose Barton receives EMPLOYEE OF THE QUARTER Award from Franklin Avant, Deputy Director, Financial Services Division.

Employee Of The Quarter

Rose Barton is the Employee of the Quarter for the third quarter of FY 1982. Rose is employed as a Stock Clerk III within the Financial Services Division. She has been with the Center since October of 1980.

Linda Naff, Director of Accounting Programs, says, "Rose has been a hard worker since her first day of employment with the Center." Mrs. Naff adds, "The results of Rose's hard work have been felt by both MHMR staff and the many suppliers with which we do business."

Lisa Blackburn, Rose's immediate supervisor, says, "Rose's efforts have meant a more efficient purchasing and supply department as well as overall cost savings to the Center." The Employee of the Quarter Award is given once each quarter to the Center's outstanding employee.

Life Safety Survey in July

The Joint Commission on the Accreditation of Hospitals (JCAH) conducted a follow-up Life Safety Survey at this Center in July. Three facilities that have been added since the last JCAH site visit in January, 1981 were surveyed. The JCAH surveyor checked for compliance with the Life Safety Code as well as the Functional Safety and Sanitation Section of the Consolidated Standards Manual.

The three facilities scheduled for the survey were: The Angelina County Halfway House, one of two halfway houses the Center operates for recovering alcoholics, the Hardin County Halfway House, a halfway house for retarded females, and the Nacogdoches County Halfway House, a residential facility for mentally retarded males and females.

Mr. Dave Davis, Director of Residential Programs, said that his staff worked very hard to insure compliance with the many standards required for JCAH certification.

The surveyor's comments were quite favorable and a formal report of his findings is expected this Fall.

