



DIRECTIONS

DEEP EAST
TEXAS REGIONAL
MHMR SERVICES

4101 SOUTH MEDFORD DRIVE

LUFKIN, TEXAS 75901

PHONE: AREA CODE 713/639-1141
Wayne Lawrence, Ph.D., Executive Director

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An Equal Opportunity Employer

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MHMR BOARD MEETS

The Board of Trustees of the Deep East Texas Regional Mental Health Mental Retardation Services met Tuesday, June 27, at 5:00 p.m. in the Conference Room of the Day Treatment/Administration Facility in Lufkin. Dr. Wayne Lawrence, Executive Director, discussed the management audit follow-up conducted by the staff of Texas Department of Mental Health and Mental Retardation. The evaluator said that the management audit recommendations had been essentially complied with and that this Center's follow-up evaluation was one of the best in the State of Texas.

Dr. Lawrence also discussed the Greater East Texas Health Systems Agency's hearing held on June 13 and 22 concerning MHMR's Operations Grant from the Department of Health, Education and Welfare. The Operations Grant proposition was approved by GETHSA.

The Board considered several items including a discussion of compliance with management audit recommendations, discussion of the results of TDMHMR Budget Hearing, discussion of compliance with Peer Review recommendations, consideration of proposed Fairweather Lodge Program, consideration of proposed outpatient construction projects, consideration of proposed revision of the Organizational Chart, and consideration of several personnel matters.

The next meeting of the Board of Trustees was set for Tuesday, July 25, 1978 at 5:00 p.m. in the Conference Room of the Day Treatment/Administration Facility.

The Deep East Texas Regional MHMR Services' Board is composed of Mr. Ward R. Burke, Chairman, representing Angelina County; Mr. George E. Gee representing Jasper and Newton Counties; Mrs. Agnes Rhoder representing Houston County; Mr. R.B. Hille representing Polk and San Jacinto Counties; Judge Emmett Lack representing Hardin County; Mr. Tom D. Mann representing Sabine, San Augustine and Shelby Counties; Mrs. Nancy Speck representing Nacogdoches County; Judge Allen Sturrock representing Tyler County; and Mr. V.B. Woods representing Trinity County.

OPEN HOUSE HELD FOR SHELTERED WORKSHOP

The Hardin County Sheltered Workshop and Developmental Center held a Dedication Ceremony and Open House on June 26. Approximately 75 persons visited the workshop during the day. State Representative Jerry Clark gave the dedication address in which he praised the work being done by the Hardin County Sheltered Workshop and MHMR for the retarded citizens in Hardin County.

The Dedication Ceremony and Open House was hosted by the Silsbee Association for Retarded Children and the Hardin County MHMR Advisory Council. The Advisory Council is composed of local citizens who provide input into planning MHMR programming in Hardin County. Advisory Council members include: Mae Nichols, Silsbee; Gladys Williams, Kountze; Winnie Jones, Silsbee; Weeks Crawford, Silsbee; Virginia Sims, Kountze; Mrs. Cecil Cobble, Silsbee; Mrs. Carlton Garrett, Silsbee; Eileen Thomas, Silsbee; Dorothy Turner, Silsbee; Helen White, Silsbee; Mrs. W.T. Wilde, Silsbee; and Mrs. Jerry Williamson, Silsbee.

The Sheltered Workshop and Developmental Center are located at 835 Highway 96 South in Silsbee.



Representative Jerry Clark speaks to gathering at Hardin County Sheltered Workshop and Developmental Center Open House.

TOLL FREE CRISIS LINE—1-800-392-8343

from the Director's Desk

FUNDING OUTLOOK FOR FY 1979

Fiscal year 1979, which begins this coming September 1, will present a very interesting and challenging year for the Board and staff of MHMR. The year will be the second year of our present biennium, with the State Legislature to convene during January, 1979 to appropriate funds for the following biennium of 1980-1981. The funding picture for our particular Center for FY 1979, while adequate to maintain existing programs, will not allow the growth and expansion of services that we know are needed. While we are receiving increased funding from the State and several other sources, we are already aware of decreased revenue in several categories including Title XX reimbursement, Title I P.L. 89-313, S.B. 230, and others. The increases which we anticipate receiving will generally only offset the decreased funding in these and other categories. It will be a challenge during the coming year to maintain our present level of services while dealing with the inflationary spiral. It is anticipated that during the coming year very few new services will be offered by our Center. This is, of course, regrettable because we all know there are many needs in our region which are presently not being met.

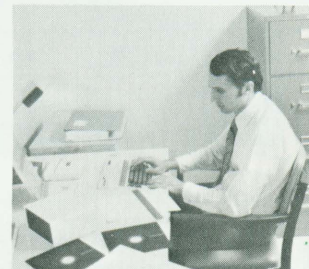
As most people are aware, our Board and administration are totally committed to providing our services in a cost efficient manner. I am pleased to report that during the second quarter of the present fiscal year, only three of our 42 organizational units significantly exceeded the State median cost measures. By comparing our costs with those of the other 27 MHMR Centers, we can gain insight into the cost efficiency of our services. Of the three units which exceeded the State median, one can be brought into line during the next quarter due to efforts already underway. The other two units should be brought into line during this fiscal year by properly recording hours of service rendered at those units. It is my hope that before this fiscal year is over all our organizational units can compare favorably with the State median costs of similar services. This is one measure of how well we are performing our duties, and is an indication to the tax-paying public that we are spending our funds wisely.

MANAGEMENT INFORMATION SYSTEM

The IBM data entry station shown here in the Business Office is the link to the City of Lufkin's main computer located at City Hall. Both computer programs and accounting transactions are entered into

the computer from this station. Information is recorded on small disks, like the two shown in the picture (small black square objects with holes in the center). Each disk can hold as much data as 3,000 IBM punch cards. Here you see Wells Wright, Systems Analyst entering a computer program which will process accounting transactions. After a period of thorough testing, the program will be stored permanently inside the computer and may be run as needed to keep the accounting books up to date. Future plans for the computer include a payroll system and a client data system.

Data Processing
Staff—Wells Wright,
Systems Analyst and Billie
Walton, Accounting Clerk
III.



VOLUNTEER OF THE MONTH

Debbie Cutshaw from Houston County is the Volunteer of the Month for July. Debbie was one of the volunteers who received a Volunteer Service pin and bar at the Banquet on May 4th. She had 1,264 hours of service prior to September 1977 and will be adding another bar to her pin this fall because she has already passed the 1,500 hour mark.

Debbie began volunteering at the Houston County Developmental Center in the fall of 1976 and has continued through its transition into a Sheltered Workshop. She has undertaken a number of projects during this time: teaching a group of clients to tell time, teaching a girls' twirling class and a personal hygiene class, organizing a Girl Scout troop. She also did a monthly newspaper and gave copies to the clients' parents; the newspaper told about all the activities at the Center.

Debbie lives in Grapeland with her parents and brothers and sisters. The Cutshaw family is very supportive of the Workshop. Debbie's brother has helped train the clients for participation in the Special Olympics and has then attended with them. Debbie's parents have sponsored a child in the Olympics. During the winter of 1977-78, while staff member Edwina Long had a broken arm and was unable to drive the MHMR van, Debbie's parents helped provide transportation for clients to and from the Workshop each day. They have also provided refreshments for birthday parties at the Center.

Debbie Cutshaw is a faithful MHMR volunteer, and we would like to take this opportunity to say, "Thank you very much."





SAN JACINTO COUNTY DEVELOPMENTAL CENTER

On May 23, two clients and one staff member from the San Jacinto County Developmental Center went to the State Olympics in Austin. Each client competed in two events: softball throw and 25 meter dash. The girls each received a medallion. A second place went to Tammy and a third place to Bernice in the 25 meter dash. Mr. and Mrs. James Titus of Shepherd sponsored this trip to Austin.

We have just returned from Camp Leander. Two staff members and four clients made this trip. The Coldspring Chamber of Commerce and the American Legion Post 629 sponsored these clients to Camp Leander. We would like to thank everyone who had a part in making this trip possible.

On June 28, we went on a field trip to Polk County Sheltered Workshop for the open house for the greenhouse.

NACOGDOCHES SHELTERED WORKSHOP

The Nacogdoches Sheltered Workshop has moved into a new location at 302 South Mound Street. The clients will be able to expand on their car washing and waxing as well as their car "make ready" business due to a large car washing bay included in the new workshop. Additional features of the building are classrooms for P.S.A. and other educational programs, a large workshop area for furniture refinishing and contract work and several therapy and small work rooms. The staff encourages you to come by and visit the new facility.



Large working area at new sheltered workshop.

CAMP LAKEVIEW 1978

Nineteen clients and six MHMR staff members joined with a group from the Lufkin Council for Retarded Citizens which included nineteen mentally retarded citizens and eight counselors and attended Camp Lakeview July 7-9. Swimming, fishing, boating and baseball were enjoyed during the day. Dancing and talent shows were enjoyed at night. It was an enjoyable experience for all who attended.

CAMP LEANDER 1978

According to Mary Cox, Director Prescreening After-care (MR), the trip to Camp Leander was a great success again this year and the week was enjoyed by all participants. Fourteen MR staff members accompanied 37 clients for a week of activities which included swimming, paddle boat riding, fishing, horseback riding, baseball, volleyball, arts and crafts, puppet and magic shows plus a cook-out, a staff-client talent show and two dances.

We had a good representation from each of the nine participating counties. The number of clients from each county were Tyler-5, San Jacinto-4, Shelby-3, Polk-5, Nacogdoches-4, Houston-5, Hardin-5, Jasper-5 and Angelina-1.

Reports from staff members in programs are that all clients who attended camp want to go again next year. We think this is a good indication of a successful week.

Flattery is like perfume; you are supposed to smell it, not swallow it.



Nacogdoches Sheltered Workshop

WELCOME NEW EMPLOYEES

Several new employees have joined our staff since the last issue of "Directions".

WILLIE BATES, Relief Houseparent, Shelby County Halfway House.

PATRICIA COHN, Secretary I to the Director, Outpatient Clinics.

JACK COPELAND, Clerk II, Business Division.

RODNEY EDMONSON, Houseparent II, Sunrise Manor.

WANDA GRAY, Secretary I, Jasper County Outpatient Clinic.

KATHY KOSAKO, Clerk I, Angelina County Outpatient Clinic.

JESALYN McMAHON, Community Service Aide III, Tyler County Outpatient Clinic.

MARY LOU SERVISS, Secretary I, Mental Health Division, Central Administration.

WARREN O. SIBLEY, M.D., Psychiatrist II, Clinical Division.

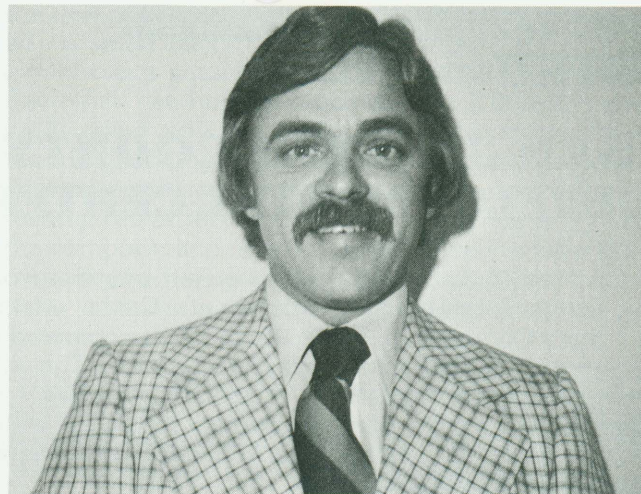
SANFORD K. SKELTON, Director, Outpatient Clinics Program.

KENNETH N. VOGTSBERGER, M.D., Psychiatrist II, Clinical Division.

K.P. WILLIAMS, Unit Supervisor, Shelby County Sheltered Workshop.

Also, EUGENE GANN has transferred into the position of House Manager at Shelby County Halfway House.

"Two men looked out from prison bars. One saw mud, the other saw stars."



Mr. Sanford K. Skelton has recently joined MHMR as Program Director for Outpatient Clinics. Mr. Skelton has an M.A. in Clinical Psychology from North Texas State University. He has two children, Tisha (7) and Ryan (3). His wife, Tricia is currently an R.N. and is working toward an additional degree in Elementary Education at Stephen F. Austin State University.

CHANGES TO NOTE

The new address of the Nacogdoches County Sheltered Workshop is: 302 South Mound Street, Nacogdoches, Texas 75961.

