



DIRECTIONS

DEEP EAST TEXAS REGIONAL MHMR SERVICES

4101 SOUTH MEDFORD DRIVE

LUFKIN, TEXAS 75901

PHONE: AREA CODE 713/639-1141
Wayne Lawrence, Ph.D., Executive Director

Vol. 4 No. 7

An Equal Opportunity Employer

March, 1978

MHMR BOARD MEETS

The Board of Trustees for the Deep East Texas Regional Mental Health Mental Retardation Services met on Tuesday, February 28, 1978, at 5:00 p.m. in the Conference Room at the Day Treatment/Administration Facility in Lufkin.

The Board heard the Treasurer's Report and passed on several motions.

Items that were discussed by the Budget and Finance Committee included the compliance with the fiscal auditors recommendations, consideration of liability insurance plan and consideration of the proposed Management Information System Plan.

Items discussed by the Program Committee included a discussion of compliance with the Peer Review Recommendations and consideration of application for certification as a Diagnostic and Evaluation Center.

Items discussed by the Personnel and Public Education Committee were consideration of the proposed Board Policies and consideration of proposed revisions in the Public Responsibility Committee's by-laws.



Board members George Gee, Agnes Rhoder, Ward Burke, V.B. Woods, Tom Mann and Judge Allen Sturrock pose for picture before cutting the cake and celebrating the fourth anniversary of the Deep East Texas Regional MHMR Services' Board of Trustees.

TOLL FREE CRISIS LINE—1-800-392-8343

MHMR DEDICATES NEW FACILITY

Dedication ceremonies were held Thursday, March 2nd for the newly completed Day Treatment/Administration Facility of the Deep East Texas Regional Mental Health Mental Retardation Services (MHMR). The facility is located at 4101 South Medford Drive (Loop 287) in Lufkin.

Mr. Arthur Temple was the guest speaker.

An open house sponsored by the MHMR Board of Trustees, MHMR Volunteers, and the Angelina County Advisory Council to MHMR was held immediately after the dedication ceremony.

The funds utilized to construct the Day Treatment/Administration Facility came from grants given by the T.L.L. Temple Foundation and the Department of Health, Education and Welfare.

The facility houses both the central administrative staff and the Day Treatment Program. The Day Treatment Program is designed to provide daily activities for persons experiencing mental or emotional problems within an environment which is supportive yet encourages personal growth.

Approximately 250 persons attended the dedication ceremony and the open house which followed.



Mr. Arthur Temple praises concept of community based MHMR services.



V.B. Woods (Board Member) presents Arthur Temple with plaque of appreciation.

from the Director's Desk

"Cost Sharing In Community MHMR Centers"

The Community MHMR Center approach, which originated in Texas in 1965, has several interesting premises. As we all know, one of the basic premises is that of local control. The Board of Trustees, which is appointed by the 13 County Commissioners' Courts, establishes policies which govern the operation of this Center much as a school board passes policies governing the independent school district. This local control is intended to help insure that the Center can be adequately responsive to changing local needs.

Another very interesting aspect of the Community MHMR Center approach is that of cost sharing. One of the legal requirements for the formation of an MHMR Center is that local sponsoring agencies (i.e., taxing authorities) be willing to help provide funds for the financing of the Center. In our case, 11 counties provide in excess of \$100,000 toward our total budget for FY 1978 of \$2.4 million. In addition to the 11 separate counties, there are 23 additional funding sources which provide funds for our Center. These sources include the State and Federal government, client or patient fees, insurance reimbursement, school districts, donations, etc. As one can see, having multiple sources of funding prevents one entity such as the state from being saddled with the responsibility of financing this service. This cost sharing concept allows the people who are benefiting directly from the services being rendered (i.e., citizens, counties, State, etc.) to participate in the financing of this operation. The operating budget for FY 1978 can be broken down as follows:

Source of Funds	Amount	Percent
Local	\$ 695,148	29
TDMHMR	967,050	40
Other State	103,362	4
Federal	656,970	27
	\$2,422,530	100%

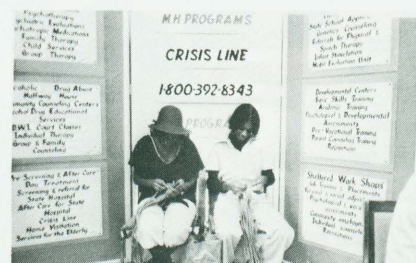
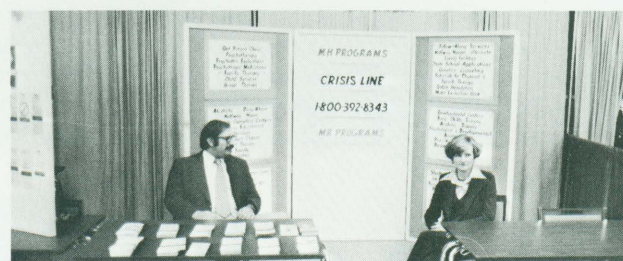
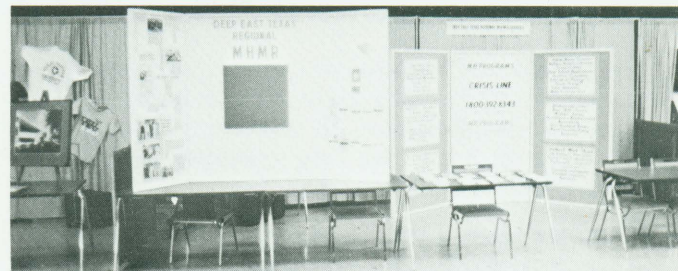
This approach of cost sharing and local control also gives direct citizen input into the Board of Trustees' policy development process. The Board, representing the citizens of this area, is responsible for implementing programs and services which respond to the needs of our handicapped citizens. The use of funds from multiple sources to finance these services is a rather complicated one, but its benefits specified above far outweigh any disadvantages associated with this system.

We judge ourselves by what we feel capable of doing; others judge us by what we have done.

Longfellow

CAREER FAIR

Deep East Texas Regional MHMR participated in the Angelina County Career Fair held in the Lufkin Civic Center February 14 and 15. Over 2,500 high school students and adults toured the two-day affair. MHMR had one of forty-six booths on exhibit. The booth displayed the MHMR brochures, sampling of news articles, a slide presentation, display cards on the programs and clients from the Houston County and Shelby County Sheltered Workshops demonstrating some of their work activities.





DAY TREATMENT PROGRAM

The staff at the Day Treatment Program is very happy to be in their brand new facility and would like to extend a welcome to all MHMR staff to visit our program.

We have recently expanded our services to include a separate program for an intense therapy group and an extended therapy group in order to better serve the needs of our clients.

The intensive therapy program is designed for highly motivated clients with employment potential and is designed to meet the requirements of the Texas Rehabilitation Commission. It is composed of work orientation and Personal Social Adjustment training led by Mrs. Betty Collins of the East Texas Adult Coop, Adult Education and G.E.D. Training at the Adult Learning Center, Nutrition Training led by Mrs. Sandra Risinger, County Extension Agent, sewing, woodworking and personal appearance classes.

The extended therapy program is designed for a cross-section of different clients including the elderly and more chronic types that are not ready for an intense program but need supervised activities. This program consists of group discussion, music, current events, crafts, exercise, book reviews and reading, woodworking, sewing and field trips.

Both programs are designed to help the client adjust to his environment by providing emotional support and encouragement of personal growth within a group setting. Community resources are utilized as much as possible for a well-rounded program for our clients.

Trinity County O.P.C.



Oma Bush, Volunteer and Trinity County Advisory Council member, watches two day activity clients making a rug at the Trinity County Outpatient Clinic.

Shelby County Halfway House

Texas Rehabilitation Commission (TRC) granted the mental health component of the Shelby County Halfway House a Class I Certification effective March 8, 1978. The alcohol component of the facility is already Class I Certified.

This classification indicates that the halfway house provides maximum rehabilitation services required to assist the client toward becoming gainfully employed.

Jasper C.C.C.

John Morris, Alcohol and Drug Abuse Counselor at the Jasper C.C.C., has been involved in alcohol and drug prevention groups with high school students at Newton High School since October, 1977. The groups meet once a week. Communication skills are discussed as well as ways to cope with problems. The concept of developing a positive self-image is stressed during the group meetings. John Morris is beginning a similar group with Brookeland High School students.

Newton Developmental Center

Clients of the Newton D.C. enjoyed making Valentine's and decorations during the month of February. The staff gave a Valentine's Day party with punch, cookies and candy hearts for the clients.

Visitors to our unit this month were Mrs. Gwen Cunningham, Mr. Russ Burbank, Dr. Wayne Lawrence. We were glad to have the opportunity to show our newly painted facility . . . and hope they will come again soon.

San Jacinto County D.C.



Mr. Russ Burbank, Director, Mental Retardation Division, meets with members of the San Jacinto County Advisory Council to discuss activities planned for the Developmental Center. Pictured from left to right are Russ Burbank, Bessie Sanders, R.N. (Chairperson), Juanita Hoot, Merthia Jackson and Katherine Crumly.

WELCOME NEW STAFF

The following individual has joined the Deep East Texas Regional MHMR Services' staff since our last issue of "Directions."

LINDA M. SCHNABEL, Client Data Coordinator, Central Administration. Linda attended Texas Tech University in Lubbock. She and her husband, Bill, recently moved to Lufkin from Dallas.



Dr. Wayne Lawrence (left) presented Beverly Thaggard, Unit Supervisor of Nacogdoches County Outpatient Clinic, and David Smith, Unit Supervisor of Shelby County Halfway House, with "Employee of the Quarter" certificates at the February Staff Development meeting.

CAMP LEANDER

From June 19-23, 1978, fifty-five clients and staff from our 13 counties will attend Camp Leander near Austin, Texas. This is a yearly event eagerly looked forward to by all concerned. If you would like to be a part of this event by sponsoring a camper or campers please fill out the following form and mail with \$25 per camper to: Deep East Texas MHMR, 4101 South Medford Drive, Lufkin, Texas 75901.

Name _____

Address _____

No. of Campers Sponsored _____

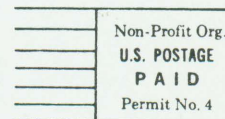
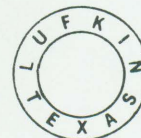
Amount Enclosed _____

Infant Stimulation Program

An infant stimulation program has been initiated by MHMR in conjunction with the Wilson McKewen Treatment Center. The program is designed to help mentally retarded infants from birth to three (3) years with developmental progress. Each child is given an individualized developmental program. The goal of the infant stimulation program is to provide aid at an early age so the child may be able to bypass problems later in life.



Happy
St Patrick's
Day



Please address correspondence to: DIRECTIONS, Deep East Texas Regional Mental Health Mental Retardation Services, 4101 S. Medford Drive, Lufkin, TX 75901.

The Deep East Texas Regional Mental Health Mental Retardation Services operates in compliance with the Civil Rights Act of 1964, as amended, and Executive Order 11246, as amended.