



DIRECTIONS

DEEP EAST TEXAS REGIONAL
MENTAL HEALTH MENTAL RETARDATION
SERVICES

An Equal Opportunity Employer

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SEPTEMBER BOARD MEETING HELD IN LUFKIN - NEW DIRECTOR NAMED

The regular monthly meeting of the Deep East Texas Regional Mental Health Mental Retardation Services' Board of Trustees was held September 28th, in Lufkin. Dr. Jack G. Martin was appointed new Director of Mental Health Programs by the Board of Trustees. Dr. Martin received his Ph.D. from Walden University. He is currently employed by the Sabine Valley Regional MHMR Center as Director of Program Development. He will assume his new position on November 1, 1976. Dr. Martin will replace Mrs. Betty Ecker, who is transferring to the newly created position of Director of Program Evaluation and Planning. Other agenda items included consideration of proposed revision in fee schedule, discussion of operations and construction grant request, discussion of state hospitals and state schools admissions statistics and consideration of personnel matters. Minnie Thomas of San Jacinto County was approved as a member of DETRMHMRS' Regional Volunteer Services Committee, and James Donohoe, Coldspring, and Kenneth M. Wright, Sheppard, were approved as members of the San Jacinto County Advisory Council.

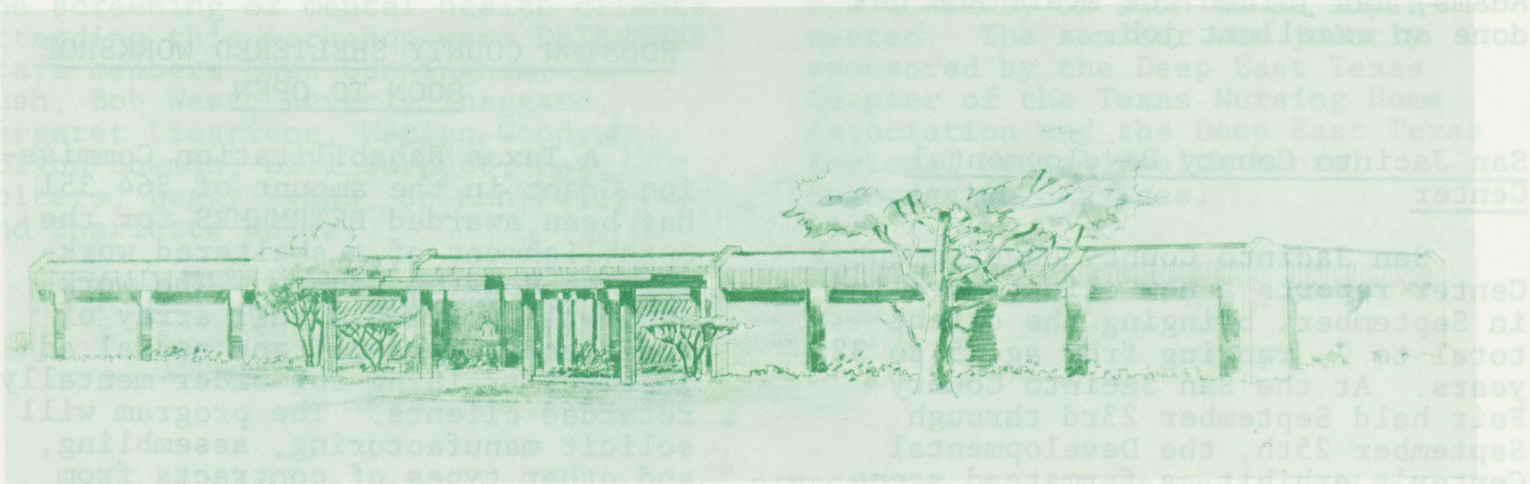
HEW GRANT FOR EAST TEXAS REGION ANNOUNCED

Congressman Charles Wilson's office announced this week the awarding of a U. S. Department of Health, Education and Welfare, (HEW) staffing grant in the amount of \$343,159 to DETRMHMRS. The grant will provide prescreening, aftercare and prevention services for mental health clients. The grant will also provide 22 positions for mental health workers for the 13 county region, and could run up to eight years, which would enable DETRMHMRS to greatly increase mental health caseloads and improve overall mental health services in our region.

OCTOBER BOARD MEETING TO BE HELD IN LUFKIN

The next DETRMHMRS' Board of Trustees meeting will be held October 26th at 5:00 p.m. at Sunrise Manor, 1016 S. First Street, Lufkin. This is an open meeting and the public is cordially invited to attend.

LIFE IS HARD, BY THE YARD;
BUT BY THE INCH, LIFE'S A CINCH!



FUTURE DAY TREATMENT/ADMINISTRATION FACILITY

(See Related Story on Page 3)

ORGANIZATIONAL UNIT HAPPENINGS

Houston County Developmental Center

Thirteen clients and four chaperones visited the Lufkin Zoo on September 24th, and a good time was had by all, reports Mrs. May Beth Hailey, Director. After the outing, the group lunched at McDonald's before returning to the Center. Houston County reports the addition of one new client and a new Aide, Mrs. Edwina Long.

Sunrise Manor Halfway House

Carl Thompson, Houseparent of Sunrise Manor, reports that his clients have been living up to the house name by arising early in order to begin working at 6:00 a.m. Mr. Bob Patel, Owner-Manager of Sambo's Restaurant, has provided employment for three clients of Sunrise Manor. DETRMHMRS is very appreciative of this, along with the generous presentation of paintings that Sambo's recently gave to the various developmental centers. Sunrise Manor clients have attended two of the Lufkin Panther football games this year and have thoroughly enjoyed the outings.

Jasper-Newton County Sheltered Workshop

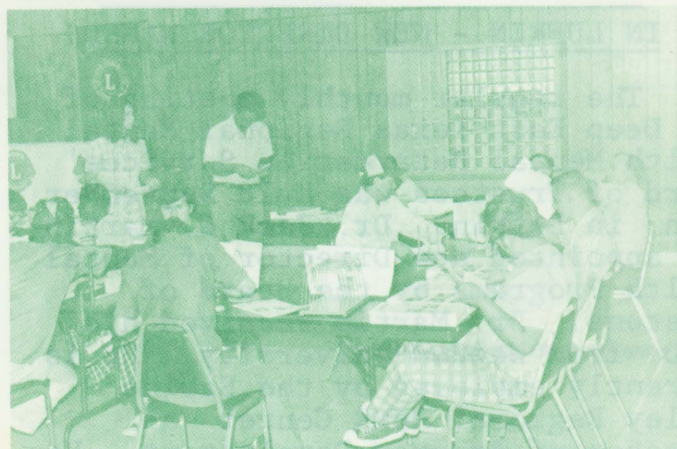
The clients at the Jasper-Newton County Sheltered Workshop were hired by the Chamber of Commerce to make signs for the Country Fair. The Developmental Center and Workshop sold chili at the Fair and were very successful in addition to having a lot of fun. DETRMHMRS' personnel and clients were pleased with moving to their new facility at the old Beech Grove School. Mrs. Marty Walker, Director, announced that a new Aide, James Adams, has joined the staff and has done an excellent job.

San Jacinto County Developmental Center

San Jacinto County Developmental Center reports a new client enrolled in September, bringing the client total to 7, ranging from age 5 to 32 years. At the San Jacinto County Fair held September 23rd through September 25th, the Developmental Center's exhibit, a farmstead scene built by the clients, won a blue ribbon, which makes all DETRMHMRS' staff very proud.

Newton County Developmental Center

Mrs. Janis Smith, Director, announces that Mrs. Sandra Love, teacher, and Mr. James Singletary, counselor, Newton Independent School District, are entering their 5th year of providing a part-time worker for the unit. Miss Sayna Bishop will be working with the clients in arts and crafts. Mr. Ken West, Tri-County Assistance Supervisor, visited the Developmental Center twice in the past month, and through his program, Rosemary Porter and Lillian Sells are warmly welcomed volunteers.



Getting "Directions" Ready for Mailing

Have you ever thought about the efforts and problems involved in getting out a thousand copy mailing? "Directions" mailing is currently being done by clients at the Lufkin Workshop and Opportunity Center. They collate, staple, fold, attach mailing label and separate the copies according to Zip code. The staff has developed such an excellent system that it is now a simple task where it once took more than a day to get it ready for mailing. Thanks to all the clients and staff at the Lufkin Workshop and Opportunity Center for this valuable contribution to DETRMHMRS' public information program.

HOUSTON COUNTY SHELTERED WORKSHOP
SOON TO OPEN

A Texas Rehabilitation Commission Grant in the amount of \$64,351 has been awarded DETRMHMRS for the establishment of a sheltered workshop in Houston County. The workshop will provide a full array of vocational, personal and social adjustment training for older mentally retarded clients. The program will solicit manufacturing, assembling, and other types of contracts from area businesses and industries while at the same time provide vocational training for the clients.

SUNDAY SCHOOL CLASSES FOR MR'S

Through the combined efforts of Gary and Marcia Marple and Russ and Nancy Burbank, mentally retarded adults in the Lufkin area may now attend a Sunday School Class specifically oriented to their needs. Specially designed materials are also available for use in these classes. The First Baptist Church is cooperating in the effort by providing space and materials.

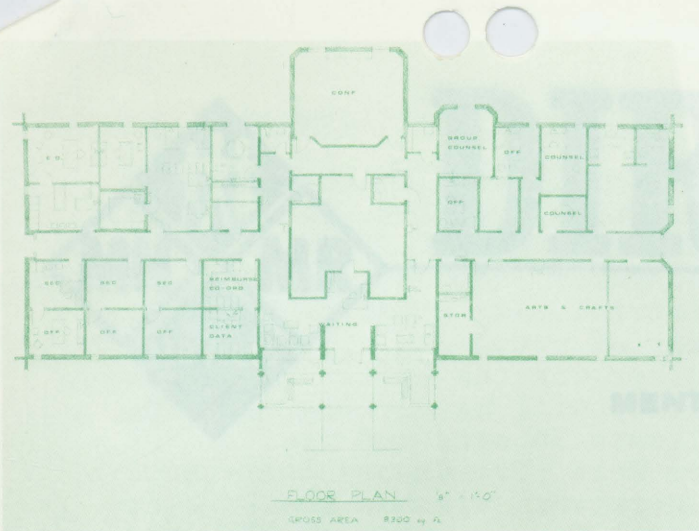
Sunday School begins at 9:15 a.m. and lasts through noon. The classes are open to all teenage and adult MR's in Lufkin. Transportation is available for those needing a ride. The vans from the Day Treatment Center and Sunrise Manor Halfway House are being used for the program.

Sunrise Manor residents and some Lufkin Workshop clients are currently attending the classes. Younger adults are taught by Judy Winger and Lynn Jones. Buford and Melissa Abeltd are the teachers for the older adult class.

We appreciate the work of the Marples and the Burbanks in getting these classes started. Anyone interested in the program is encouraged to call Gary or Marcia Marple at 632-7076.

NURSING HOME SEMINAR WELL ATTENDED

A seminar for nursing home administrators and directors was held on Friday, October 15 at the Holiday Inn, Lufkin. The meeting was well attended by nursing home, Department of Public Welfare and DETRMHMRS' personnel. The theme of the conference was promoting mental health in the aged. Bruce London, M.S.W., Center for Studies on the Aging, North Texas State University, served as seminar leader. Also participating in the seminar was Pat Wolters, R.N., DETRMHMRS' staff nurse. Mr. London discussed such topics as identifying and meeting mental health needs, grief and depression and confusion and behavior problems. He also presented a film entitled "The Priory Method". Mrs. Wolters discussed overall DETRMHMRS' programs and specific programs for the aged now underway or soon to be implemented. The seminar was jointly sponsored by the Deep East Texas Chapter of the Texas Nursing Home Association and the Deep East Texas Regional Mental Health Mental Retardation Services.



PLANS FOR DAY TREATMENT-ADMINISTRATION FACILITY PROGRESS

The Day Treatment/Administration Facility pictured on Page 1 will soon be a reality. A \$225,000 HEW Grant, together with a grant of \$45,000 donated by the T.L.L. Temple Foundation, and \$30,000 from the budget are the funding sources for this \$300,000 project.

The building, to be located on Loop 287 South, Lufkin, will contain approximately 8,300 feet of floor space and will house the Day Treatment Program and the Central Administration Staff.

STAFF ATTENDS TYLER WORKSHOPS

DETRMHMRS' programs were well represented at workshops held at the Red Carpet Inn, Tyler, Texas, October 7th and 8th.

Workshop I dealt with agency affirmative action programs. Reedy Spigner and Jim Scorr, members of the Texas Department of Mental Health and Mental Retardation, (TDMHMR) Community Services Division, acted as workshop leaders. Si Morrison, Director, Program Support Services, attended this workshop.

Workshop II centered on human services screening and medical psychiatric problems. Robert Taylor, M.D., of the TDMHMR Community Service staff, conducted this workshop. Key issues explored included improving awareness of medical psychiatric problems, improving the general level of awareness and knowledge needed in the screening of mental health clients. Attending this workshop were DETRMHMRS' staff members Gwen Cunningham, Ray Rush, Bob West, Beverly Thaggard, Margaret Licarione, Marian Goodrum, Jolyon Bowman, Bill Burnett, Pat Wolters, Peggy Evans, Jo Ann Fries and Charlotte Wolfe.

Please address correspondence to: DIRECTIONS, Deep East Texas Regional Mental Health Mental Retardation Services, 303 Angelina Bldg., Lufkin, TX 75901

The Deep East Texas Regional Mental Health Mental Retardation Services operates in compliance with the Civil Rights Act of 1964, as amended, and Executive Order 11246, as amended.